

# Behavioral Health Guide



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Covering addiction, developmental disability, and mental health support and services localized in  
**Valley, Phillips, Garfield, McCone, Roosevelt, Daniels, and Sheridan** MT Counties.

Created by the Valley CARE Coalition in collaboration with community members and leaders from all seven counties.

Current as of July 2021.

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Definitions/Key	
<b>Outpatient care</b>	Any treatment or services provided outside of a hospital or facility setting that requires admission
<b>Inpatient care</b>	Any treatment or services that require admission to a facility, such as overnight stays at a hospital.
*	Telemed available for certain services
**	Med management and prescription services available

## Mental Health & Substance Use

### Nonprofits/organizations

Name	Services & Billing	Location(s)	Contact
<b>Eastern Montana Community Mental Health Centers * **</b>	Mental Health services include assessments, Outpatient services, case management, medication management, community rehab & support services, crisis/emergency services and telehealth networking.  Substance Use services include assessments, outpatient counseling, case management services, medication management, co-occurring treatment, anger management groups, relapse/early prevention groups, ACT/Prime for Life (DUI) classes, MIP Classes, Prevention Services, Parenting Montana, & Crisis/emergency services.  Accepts Medicaid, Medicare, private insurance, self pay with sliding fee scale	Some locations by appointment only and fully telehealth. Headquarters in Miles City (406.234.1687).	All calls forwarded to 24/7 crisis line if outside of business hours. HO: M—F, 8a—5p (out 12-1p) <a href="http://www.emcmhc.com">www.emcmhc.com</a>
		<b>Valley County</b> 1009 6th Ave N, Glasgow	406.228.9349
		<b>Roosevelt County:</b> 124 Custer St, Wolf Point	406.653.1872
		<b>Garfield County:</b> 332 Leavitt Ave, Jordan	406.234.1687
		<b>Mccone County:</b> 905 B Ave Circle	406.377.6075
<b>Sheridan County:</b> 100 W. Laurel, Plentywood	406.765.2550		
<b>Youth Dynamics, Inc. * **</b>	Serving youth 5-17 and families for youth case management, caregiver support & education, Family Support Assistant Program, family, individual, and group therapy, substance use treatment, medication management, Foster Care support.  Accepts Medicaid, private insurance, self pay with sliding fee scale	<b>Valley County</b> 316 Railroad Aly N., Glasgow	HO: M—F, 9a—5p <a href="http://www.youthdynamics.org">www.youthdynamics.org</a>  406.228.2058
		<b>Phillips County</b> 47177 Hwy2, Suite 1, Malta	406.654.2016
		<b>Roosevelt County</b> 112 W Main St, Wolf Point	406.653.3992
<b>Glasgow Clinic (Frances Mahon Deaconess Hospital) * **</b>	Clinical psychology and Frontier Psychiatry services available for Glasgow Clinic patients by referral.  Accepts Medicaid, Medicare, private insurance, self pay	<b>Valley County</b> 621 3rd St. S, Glasgow	HO: M—F, 8:30a—5:30p 406.228.3400 <a href="http://www.fmdh.org">www.fmdh.org</a>
<b>Roosevelt Medical Center * **</b>	Referrals to telemed counselor and psychiatry services.  Telemed billing accepts Medicaid, Medicare, private insurance, self pay	<b>Roosevelt County</b> 818 2nd Ave E, Culbertson	HO: M—Th, 8a—5p; F, 8a—4:30p 406-787-6400 <a href="http://www.rooseveltmedical.org">www.rooseveltmedical.org</a>

\*telemed available

\*\*med management

Name	Services & Billing	Location(s)	Contact
<b>Spotted Bull Recovery Center</b>	Serves native adults, adolescents and families with a strength based recovery model. Chemical dependency evaluations, outpatient program, support group and AA/NA referrals, in-patient treatment referrals, and case management. IHS	<b>Roosevelt County</b> 603 1/2 Court Ave, Poplar	HO: M—F, 8a—4:30p 406.768.3852 or 406.768.5364 After hours call 406-768-0000 <a href="http://www.fortpecktribes.org/sbrrc/">www.fortpecktribes.org/sbrrc/</a>
<b>Red Bird Woman Center</b>	Domestic violence and sexual assault support center serving native women in crisis as well as recovery. Offers intervention, counseling, 24/7 on call staff, and non-intrusive forensic interviewing. Grant funding for patients, little to no fees.	<b>Roosevelt County</b> 629 7th Ave S, Wolf Point	HO: Daily 8a—4:30p 406.653.1494 <a href="http://www.nativeomensociety.org/members">www.nativeomensociety.org/members</a>
<b>Fort Peck Tribes Suicide Prevention</b>	Offers support to Fort Peck Reservation members by connecting individuals with resources in the area.	N/A	406.768.5353 <a href="http://www.fortpecktribes.org/honoryourlife/">www.fortpecktribes.org/honoryourlife/</a>
<b>Phillips County Hospital &amp; Family Clinic * **</b>	Referrals to behavioral health services for clinic patients. Accepts Medicaid, Medicare, private insurance, self pay	<b>Phillips County</b> 311 S 8th Ave E, Malta	HO: M—F, 8a—5p 406.654.1800 <a href="http://www.pchospital.us">www.pchospital.us</a>
<b>Sheridan Memorial Hospital Clinic * **</b>	In house psychiatrist and social workers, referrals to telemed for clinic patients.	<b>Sheridan County</b> 440 West Laurel Ave Plentywood	HO: M—F, 8a—5p 406.765.3718 <a href="http://www.sheridanmemorial.net/">www.sheridanmemorial.net/</a>
<b>Veteran Affairs Clinics * **</b>	Mental Health services for veterans including consultation, evaluation, and treatment for conditions that affect mental wellbeing. Billing via VA Health care	<b>Valley County</b> 630 2nd Ave S, Suite A, Glasgow <b>Sheridan County</b> 440 West Laurel Ave, Plentywood	HO: M—F, 8a—4:30p 406.228.4101 406.765.3719 <a href="http://www.montana.va.gov/index.asp">www.montana.va.gov/index.asp</a>

\*telemed available

\*\*med management

## Mental Health & Substance Use

### Independent Practice

Name	Services & Billing	Location(s)	Contact
<b>Gathering Place Counseling Center *</b>	Provides counseling services for individuals, families, children and youth dealing with anxiety, depression, trauma, abuse, parenting issues, marital conflicts, grief and loss, life transitions and divorce. Self pay via cash, check, or charge and private insurance accepted	<b>Valley County</b> 914A Hall Terrace, Glasgow	HO: M—Th, 10a—7p; F, 10a—2p 406.228.2854 kim@gatheringplacecounseling.com <a href="http://www.gatheringplacecounseling.com/">www.gatheringplacecounseling.com/</a>
<b>Montana Hope Counseling * **</b>	Psychiatric and counseling services including psychiatric evaluation, psychopharmacology, psychotherapy, genetic testing, substance use counseling. Accepts private insurance and Medicaid	<b>Valley County</b> Primarily telemed	HO: M—Th, 9a—5p; F, 9a—4p 406.648.5432 <a href="http://www.montana-hope.com/">www.montana-hope.com/</a>
<b>Teaming Together Counseling *</b>	Individual mental health outpatient treatment for adults age 18 years and older. With an emphasis on treating anxiety, depression, Posttraumatic Stress Disorder, work stress, and relationship stress. Mental health outreach including training for corporations, groups, and businesses as well as consultation on mental health issues. Can contact to discuss more specifics. Accepts Medicaid, private insurance	<b>Valley County</b> 110 5th St. South #102, PO Box 906, Glasgow	HO: M—Th, 10a—5p; F, 10a—2p 406.230.2529 <a href="http://www.teamingtogethercounseling.com/">www.teamingtogethercounseling.com/</a>
<b>Jeff Richardson, LAC</b>	Addiction counseling with certified LAC	<b>Roosevelt County</b> 127 E Front St, Wolf Point	406.653.2212
<b>Turning Leaf Counseling *</b>	Provides outpatient Mental Health Counseling to the residents of Sheridan County and surrounding area. Counseling services for adults, children, couples and families. Accepts Medicaid, VA, private insurance, self pay	<b>Sheridan County</b> 110 S Grant St. Suite B, Plentywood	HO: M—F, 9a—5p 406.765.1277 turningleaf@nemont.net

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## Mental Health & Substance Use

### Support Groups

Name	Services	Location(s)	Contact
<b>Alcoholic's Anonymous *</b>	Group meetings to share experience, strength, and hope with each other that they may solve their common problem and help others recover from alcoholism. The only requirement for joining is the desire to stop drinking.	Visit the MT AA site ( <a href="http://www.aa-montana.org/meetings.php">www.aa-montana.org/meetings.php</a> ) and search your locality to find time, date, contact info, and location for meetings near you. Regular meetings are currently available in all counties. Hotline: 833.800.8553	
<b>Narcotic's Anonymous *</b>	Group with a mission to provide an environment in which addicts can help one another stop using drugs and find a new way to live. Membership is open to all drug addicts, regardless of the substance.	Visit the MT NA site ( <a href="http://www.namontana.com/">www.namontana.com/</a> ) and scroll to the bottom left under "Find Meetings" and enter your town to find meeting dates and locations near you. Regular meetings currently available in most counties. Hotline: 1.800.990.6262	
<b>Depression &amp; Anxiety Support Group</b>	Support and community for individuals with depression & anxiety	<b>Valley County</b> Glasgow Evangelical (152 Aberdeen St, Glasgow MT 59230)	Sundays from 4p—5p 406.230.1985 Please reach out as time or location may vary.
<b>Foster Family Support Group</b>	Support and education for foster families and those interested in fostering. Childcare and meals provided.	<b>Valley County</b> Glasgow Evangelical Church (152 Aberdeen St, Glasgow MT 59230)	Thursdays from 6p—7p 406.654.4682 FB page: <a href="#">Miaandlizzy</a>
<b>Life Changer's Group</b>	A Christian 12 step program for anyone that has been hurting, oppressed, abused, or addicted.	<b>Valley County</b> Glasgow Evangelical (152 Aberdeen St, Glasgow MT 59230)	Tuesdays from 7p—8p 406.785.7026
<b>Grief Support Group</b>	Support for those suffering from grief including regular meetings and occasional extra curricular activities.	<b>Phillips County</b> 615 S 3rd St. E Malta MT 59538	1st & 3rd Wednesday of the month at 6:30p Call ahead to check for seasonal changes.
<b>Bereavement Support Group</b>	One-on-one grief counseling through the Sheridan Memorial Clinic. Accepts private insurance, but no denial of services based on ability to pay (contact number for further details)	<b>Sheridan County</b> 440 West Laurel Ave Plentywood	M—F, 8a—4:30p (call for an appt.) 406.765.3708 <a href="http://www.sheridanmemorial.net/">www.sheridanmemorial.net/</a>

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\*\*med management

## Developmental Disability Services

Name	Services	Location(s)	Contact
<b>Hi-line Home Programs, Inc. *</b>	Nonprofit with services for families with children of special or developmental needs including assessments and in home services.		HO: M—F, 8a—5p <a href="http://www.hilinehomeprograms.org/">www.hilinehomeprograms.org/</a>
	Services for free for qualifying children.	<b>Valley County:</b> 605 3rd Ave. South, Glasgow (headquarters)	406.228.9431
		<b>Phillips County:</b> Hwy 2 W, in Missouri River Realty Building, Malta	
<b>Milk River, Inc.</b>	Nonprofit with activity center and three group homes for individuals with developmental disability. Services include job training, meals, medication management, and recreational activities.	<b>Valley County</b> 219 2nd Ave S, Glasgow	HO: M—F, 8a—4p 406.230.8412
<b>Malta Opportunities, Inc.</b>	Nonprofit with services for adults with developmental disabilities. Offers day services, supported living, group home, supported employment and transportation.  Free with Developmental Disabilities Program Waiver.	<b>Phillips County</b> PO Box 1400 Malta	HO: M—F, 8a—4p 406.654.2582 <a href="http://www.maltaopportunities.com/">www.maltaopportunities.com/</a>
<b>Glen-wood, Inc.</b>	Nonprofit with activity center and volunteer opportunities for those with developmental disabilities, as well as group home and assisted	<b>Sheridan County</b> 202 E 1st Ave Plentywood MT	406.765.2040 <a href="http://www.glenwoodmt.org">www.glenwoodmt.org</a>
<b>Respite Care</b>	Private duty nurse and respite care services through Sheridan Memorial Clinic. To qualify for services, aid must be relieving a caregiver, either patient or caregiver must be over 60 years old, and live in Sheridan County.  Billing split with county and patient, variable based on services provided and amount.	<b>Sheridan County</b> 440 West Laurel Ave Plentywood	HO: M—F, 8a—4:30p 406.765.3734 <a href="http://www.sheridanmemorial.net/">www.sheridanmemorial.net/</a>
<b>Developmental Disabilities Program (DDP)</b>	State program to improve individuals' with developmental disability ability to live productive, healthy, and fulfilled lives. Services include targeted case management, early intervention, and waiver services.  Services are free for all eligible for the program.	<b>Valley County</b> (regional office) 226 6th St. S. PO Box 472 Glasgow	Local: 406.228.8264 State: 406-444-2995 <a href="http://www.dphhs.mt.gov/dsd/developmentaldisabilities">www.dphhs.mt.gov/dsd/developmentaldisabilities</a>

\*telemed available

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## Selection of State & National Teleservices Available

	<b>Contact</b>	<b>Description</b>
<b>AWARE</b>	Crisis Line: 1.800.481.8980 Main line: 406.563.8117 Toll free #: 1.800.432.6145 <a href="http://www.aware-inc.org">www.aware-inc.org</a>	MT mental health and developmental disability services for family and adults.
<b>Catalyst for Change</b>	Phone: 406.930.2662 <a href="http://www.catalystforchange.org">www.catalystforchange.org</a>	Big Timber based nonprofit that provides a network of in person and telemed mental health services for rural Montanans and communities.
<b>Frontier Psychiatry</b>	Phone: 406.200.8471 <a href="http://www.frontier.care">www.frontier.care</a>	Virtual psychiatry network accessible through community partners or independently.
<b>Pathways to Parenting</b>	Phone: 406.248.3175 <a href="http://www.rimrock.org">www.rimrock.org</a>	Rimrock is Recovery program to expand access to services for pregnant & postpartum women with substance use disorders across all of MT.
<b>National Suicide Prevention Hotline</b>	988	A 24/7 free and confidential helpline.
<b>SAMHSA National Helpline</b>	1.800.662.4357	A 24/7 free and confidential helpline for those struggling with mental illness or substance use disorders.
<b>Montana WARMLINE</b>	1.877.688.3377	A non-emergency number for anyone struggling with mental illness that would like to talk to a peer (person in recovery) about issues they are experiencing with their life or recovery. The line is active weekdays 8a -
<b>Montana Crisis Text line</b>	Text 'MT' to 741.741	A 24/7 text service that connects the user to a crisis counselor ready to help.

- Montana helpline for non-emergency needs** 211
- Montana Mental Health Ombudsman:** 888.444.9669
- Elder Protective Services Helpline:** 844.277.9300
- Elder Fraud Hotline:** 833.372.8311
- National Domestic Violence Helpline:** 800.799.7233
- Child Abuse hotline:** 866.820.5437
- National Human Trafficking Hotline:** 1.888.373.7888
- Food Stamp Hotline:** 888.706.1535

You can access a pdf of this guide and view other resources at:

[www.valleycarecoalition.com/community-resources](http://www.valleycarecoalition.com/community-resources).



Website: [www.valleycarecoalition.com](http://www.valleycarecoalition.com)

Email: [valleycare59230@gmail.com](mailto:valleycare59230@gmail.com)

Facebook: [@ValleyCARECoalition](https://www.facebook.com/ValleyCARECoalition)